

Men's 10k

Position	Race No	Surname	First Name	Time
1	71	Wilderaïne	Jordan	0:38:29
2	83	Phillips	Tom	0:40:12
3	96	Perry	Adam	0:40:30
4	86	Wilson	Rich	0:41:01
5	85	Taylor	Dean	0:41:51
6	58	Realey	Neil	0:43:05
7	89	Holling	Tim	0:43:41
8	68	Rose	Andrew	0:45:17
9	79	Tomlinson	Mark	0:45:42
10	64	Ivens	Peter	0:45:52
11	52	Booth	Christopher	0:46:03
12	98	Francis	Anthony	0:46:07
13	70	Fallon	Gary	0:46:47
14	87	Cooper	Garry	0:46:49
15	54	Basey	Andrew	0:47:25
16	53	Morgan	Roger N	0:48:05
17	94	Dakin	Jack	0:48:22
18	91	Riley	Scott	0:49:15
19	92	Cook	Alex	0:49:35
20	78	Norman	Robert	0:50:13
21	76	Stevenson	Luke	0:50:14
22	80	Meath	Steve	0:51:14
23	93	Shaw	James	0:51:44
24	72	English	Simon	0:52:00
25	81	Hopkinson	Carl	0:52:44
26	95	Dakin	Andrew	0:53:35
27	61	Colebrook	John James	0:53:46
28	74	Fray	Garry	0:53:59
29	75	Stevenson	Wayne	0:54:00
30	73	Howarth	John	0:54:49
31	56	Howard	Dale	0:54:52
32	67	Morris	David	0:55:04
33	66	Tingle	Mark	0:55:23
34	77	Ingland	Anthony	0:58:00
35	55	Garcia	Matthew	0:58:10
36	97	Laven	Andrew	0:58:19
37	82	Bird	Jay	0:59:49
38	90	Smith	Steve	1:01:21
39	84	Calidicot	Paul	1:01:45
40	88	Dyer	Mike	1:02:15
41	62	White	Christopher	1:02:30
42	57	Realey	James Thomas	1:04:43
43	51	Mellor	Myles	1:07:09
44	63	Sowerby	Ashley	1:08:19
45	65	Tomlinson	Gav	1:18:45
46	69	Franco	James	1:26:04
	60	Okey	Stephen	DNS

Women's 10k

Position	Race No	Surname	First Name	Time
1	13	Holmes	Lucy	0:46:27
2	29	Hobday	Yvonne	0:49:56
3	26	Theresa	Hempsall	0:50:32
4	16	Irvine	Gemma	0:51:25
5	30	Hemstock	Edie	0:52:30
6	7	White	Nicola	0:53:36
7	1	Hegarty	Anne	0:54:20
8	5	Boss	Joanna	0:54:33
9	18	Leivers	Rose	0:55:05
10	3	Booth	Alison	0:55:36
11	24	Cresswell	Cathy	0:56:05
12	19	Leivers	Abbie	0:58:28
13	28	Harvey	Denise	0:59:19
14	8	Jackson	Sarah	1:00:37
15	27	Stone	Julie	1:01:22
16	21	Slater	Stephanie	1:01:31
17	6	Hall	Emily	1:01:38
18	22	Bestwick	George	1:01:59
19	15	Duddles	Paula	1:03:41
20	4	Boon	Simone	1:03:59
21	23	Shaw	Kathy	1:04:04
22	20	Southcott	Joanna	1:05:06
23	2	Chapman	Lynne	1:05:26
24	14	Franco	Antoinette	1:08:41
25	25	Moss	Sally	1:09:59
26	12	Dukes	Sallie	1:11:35
27	10	Sowerby	Tracey	1:12:36
28	17	Tomlinson	Hayley	1:12:36
29	11	Jones	Sarah	1:15:28
	9	Edmonds	Nicola	DNS

Men's 5k

Position	Race No	Surname	First Name	Time
1	307	Hall	David	0:16:35
2	309	Swift	Alfie	0:18:02
3	306	Sowerby	Jack	0:18:06
4	314	Weir	George	0:18:21
5	308	Hall	James	0:19:48
6	321	Clough	William	0:23:39
7	310	Mayes	Cameron	0:26:08
8	311	Mayes	Damen	0:26:09
9	324	Wilson	Ashley	0:27:08
10	315	Davies	Gavin	0:27:32
11	320	Clough	Nigel	0:28:05
12	318	Davenport	David	0:28:26

Women's 5k

Position	Race No	Surname	First Name	Time
1	313	Vickers	Amanda	0:22:32
2	305	Sowerby	Ellen	0:23:55
3	323	Matkin	Melodie	0:24:27
4	317	Hewitt-Richards	Inez	0:24:37
5	319	Parry	Sheena	0:27:08
6	304	Luing	Oonagh Marie	0:27:24
7	322	Clough	Helena	0:28:04
8	312	Benton	Lauren	0:30:38
9	301	Macalindin	Beth	0:33:28
10	302	Massingham	Catherine	0:33:28
11	316	Davies	Carole	0:33:45
	303	Marting	Rachael	DNS